

SEPTEMBER 2023 LUNCH MENU 1130-0001

1-5 YR. OLDS

Monday

Tuesday

Wednesday

Thursday

Friday

					1
				Sunbutter & Jelly Sandwich (WGR) Cheese Stick Pinapple Carrots * Cooked Carrots	
4	5	6	7	8	
EACN CLOSED	Sweet & Sour Meatballs Brown Rice (WGR) Green Salad *Peas Mixed Fruit	Grilled Ham and Cheese (WGR) Mashed Potatoes Pears	Goulash Corn Mandarin Oranges *Peaches	Tortilla Pizza w/ Cheese Pears Green Salad *Peas	
11	12	13	14	15	
Diced Chicken Brown Rice (WGR) Applesauce Corn	Spaghetti w/ Meatballs Bread & Butter (WGR) Broccoli Applesauce	Hot Turkey Dinner Roll (WGR) Stuffing Squash Apple Pie	Hamburger on a Bun (WGR) Peas Pears	Fish Shapes Bread & Butter (WGR) Carrots Peaches	
18	19	20	21	22	
Chicken Nuggets Buttered Noodles Corn Apples *Applesauce	Chicken Parm Brown Rice (WGR) Cooked Carrots Mandarin Oranges	Cheese Pizza (WGR crust) Green Salad Pears	Sunbutter & Jelly Sandwich (WGR) Cheese Stick Broccoli Peaches	Grilled Cheese Sandwich (WGR) Zucchini Pinapple	
25	26	27	28	29	
Meat Loaf Bread & Butter (WGR) Green Beans Banana	Chicken Stir Fry w/ Veggies Brown Rice (WGR) Mandarin Oranges *Applesauce	Black Bean Taco (WGR) w/ Cheese Corn Pears	Sunbutter & Jelly Sandwich (WGR) Cheese Stick Green Beans Peaches	Fish Shapes Dinner Roll (WGR) Broccoli Applesauce	

*INFANTS AGES 1-2

WHOLE GRAIN RICH BREAD PRODUCTS ARE SERVED
SKIM MILK (2-5yrs), WHOLE MILK (1-2) IS SERVED WITH LUNCH